

# Critical Needs

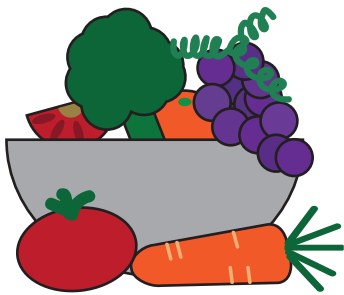
Download, print, and cut these out to communicate your needs. Two blank cards are included to fill out as needed.



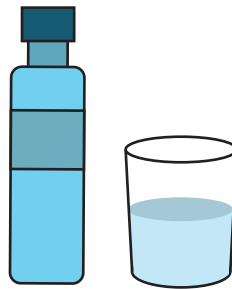
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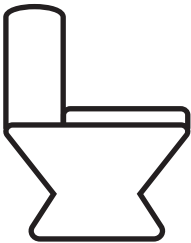
Food



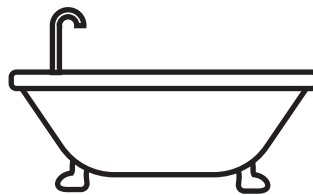
Hydration



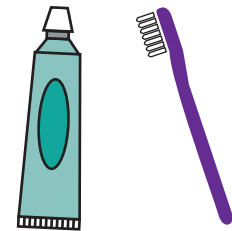
Medicine



Toilet



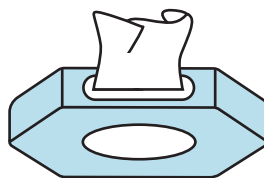
Bathe



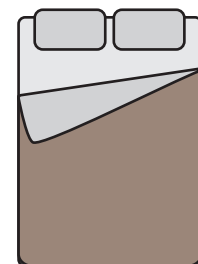
Brush Teeth



Fresh Clothes



Hygiene Wipes



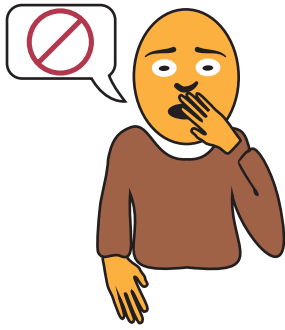
Change Sheets

# Symptoms & Sensitivities

Download, print, and cut these out to communicate your needs.



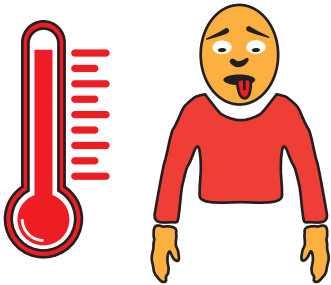
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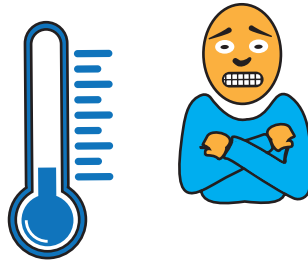
I Can't Speak



I Can't Think



I Am Hot



I Am Cold/Chills



In Pain



Nausea



Cramps



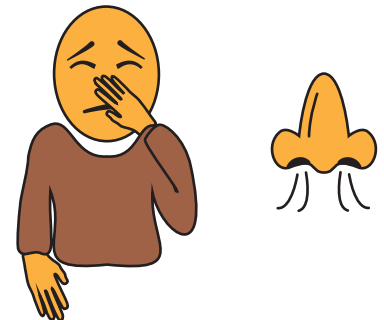
Touch Sensitivity



Sound Sensitivity



Light Sensitivity



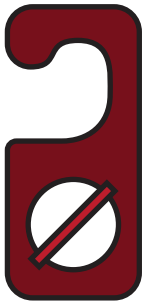
Smell Sensitivity

# Comfort

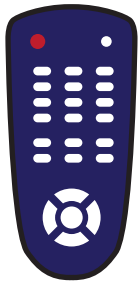
Download, print, and cut these out to communicate your needs. A blank card is included to fill out as needed.



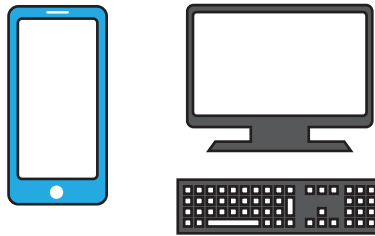
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Do Not Disturb



TV Remote



Phone/Computer/Tablet



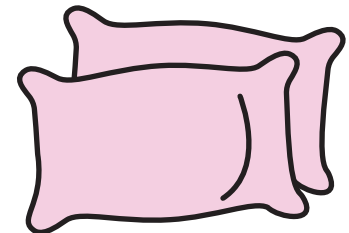
Decide For Me



Hot Pack



Cold Pack



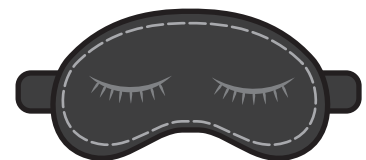
Pillow(s)



Blanket



Wash Cloth



Eye Mask

# Emergency & Severe Status

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911

Severe Reaction



Call Doctor



Emergency Room



Can't Eat/Drink



Can't Sit Up



Can't Move Body



Can't Swallow



Difficulty Breathing



Chest Pain



# Blank Cards

Customize these cards to communicate your needs.



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